

## NPSC – Parents Guide to our COVID Policies

March 7, 2021

Thank you so much for being a part of our club, we know being able to play is important for all of our kids and we want to make it as safe as possible. In addition to the usual registration, uniforms and driving to practices and games, this season will have some new responsibilities for our parents. This document will hopefully serve to simplify those responsibilities so we can quickly get the kids on the field.

COVID Questions – <u>npscovidtracking@gmail.com</u> General Questions – <u>info@npsoccerclub.org</u>

# Send in documents before the start of the season

Everyone participating in the NPSC Spring season will have to submit a signed **Medical Release** and Waiver of Liability and a NPSC COVID-19 Safety Protocol document. You should have received an email to fill out these documents online – if you haven't received that email or need a new email sent, contact us at <u>npscovidtracking@gmail.com</u>.

Anyone who has not submitted both documents will NOT be allowed to play. If a parent arrives at an event (practice or game) and hasn't submitted the documents, they will be directed to email <a href="mailto:npscovidtracking@gmail.com">npscovidtracking@gmail.com</a>. They will still need to wait to be cleared by NPSC, so their child will not be able to practice that day.

# Complete the health questionnaire before each event

Everyone participating in each event (practice or game) will need to fill out our team-specific COVID questionnaire no earlier than 8 hours and no later than 1 hour before the event. Coaches will be checking to see that your child's questionnaire is completed and any child without a completed questionnaire will not be allowed to participate. Here's what you'll need to do:

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- 1. Visit the link that will be sent to you from your coach. It will lead you to the questionnaire that is specifically for your child's team. You'll see the team name at the top of the form.
- Fill out the questionnaire truthfully. Please answer all of the questions fully and truthfully. If your answer to any of the questions on the form is "Yes" – please do not bring your child to the event. Do not attend any practices or games until you can answer all of the questions "No"
- 3. **Submit the form**. Once you've answered all the questions submit the form so your child's coach can confirm eligibility to play that day.

U9B	Benfica	https://forms.gle/7DnyYa8rrNKyVaFUA	U9G	Spirit	https://forms.gle/VZUBMMSSzcVPpzWL9
U9B	Sporting	https://forms.gle/V2Hxz6ycBkowez3ZA	U9G	Sky Blue	https://forms.gle/Bxa6aDaMNy5RZQrD9
U9B	Wolves	https://forms.gle/gzLZspqiLViCF31m7	U9G	Reign	https://forms.gle/gNKzNqQtq6uGEMBWA
U10B	Everton	https://forms.gle/Qi3je3pph8upKey59	U10G	Courage	https://forms.gle/LZioYEmGspiAyWdr7
U10B	Liverpool	https://forms.gle/uyrXjR4jMqYKTcbMA	U11G	Fusion	https://forms.gle/6RaqjAFm9iHWFFb16
U11B	Barca	https://forms.gle/LwxNseK7ZotJbF4F9	U11G	Sparks	https://forms.gle/LQimchcVXRXBsXzDA
U11B	Real	https://forms.gle/upt2hCfT62xYsDe29	U12G	Celtic	https://forms.gle/9d6WChwFrd2XX9Wv9
U12B	Bayern	https://forms.gle/1Z5e45tK9aayezjX7	U13G	Pride	https://forms.gle/t4arvyhxaXCMk2xj8
U13B	Spurs	https://forms.gle/gVF2Ada2JjyPJ7yT9	U14G	Revolution	https://forms.gle/7KTmg3U8CdWQvNME9
U13B	Roma	https://forms.gle/LEz49XwR2M8WCK5h7			
U14B	Rowdies	https://forms.gle/33SUYM7qzVpmdCpg8			

#### Questionnaire links – for each team:

## Coach temperature checks at event arrival

As kids arrive at practice or games, coaches will check their temperature with a no-contact thermometer. If a child has a temperature of 100.4 or higher, they may not participate in practice and must go home.

## Parent Responsibilities:

- Complete and "sign" the Medical Release and Waiver of Liability and a NPSC COVID-19 Safety Protocol document
- Truthfully fill out the health questionnaire before each session
- Ensure washing (e.g, hands) takes place before and after every training and game
- Ensure clothes and equipment are sanitized before and after every training and game
- Check your child's temperature before any team related event
- Notify your club immediately if your child becomes ill
- Ensure your child has sanitizing products and plenty of water
- Parents are not allowed on the field for practice, and should practice social distancing guidelines at games
- See detailed protocols on the NPSC COVID- 19 HUB HERE.

## **Player Responsibilities:**

- Bring and use hand sanitizer
- Be open and transparent with coach
- Place bags and equipment at least 6 feet apart
- Do not touch or share anyone else's equipment, water, food or bags
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Respect and practice physical distancing
- Wear mask before and immediately after events
- Wash hands thoroughly and immediately after events
- Wash and sanitize all equipment before and after events
- See detailed protocols on the NPSC COVID- 19 HUB HERE.